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Wisconsin State Prevention Conference 2013

CREATING COMMUNITY HEALTH



LEADERSHIP IN AN AGE OF PERMANENT WHITEWATER

Strategies for Guiding Others During Times of Turbulence and Uncertainty



With Jeff Russell Co-Director

© 2010, Photograph by Jeff Russell

How to Survive Permanent Whitewater?

Know the river - and the key secret of getting downstream alive (go slower than the water!)

Have the right people on the boat

Ensure that they all get along

Know where you're going - and that you're all paddling in the same direction!

Leverage each person's strengths

Go with the flow . . . And be creative

Leadership Means . . .

"to go before or with to show the way; to influence or induce" and "an act or instance of leading; guidance; direction."

Lake Minocqua Sunset

The first responsibility of a leader is to define reality. The last is to say "Thank you!" In between, the leader is a servant. — Max DePree, Author

Leadership is an Art

Photograph © 2010, Jeffrey Russell

The ABCs of Leadership

A – <u>Attitudes</u> . . . The beliefs, values, and the overall mindset of the leader.

- B <u>Behaviors</u> . . . What others see the leader doing. The observable manifestation of the leader's actions.
- C <u>Characteristics</u> . . . Attributes that lie deeper than behaviors; broad qualities that enable the leader to build strong relationships with others.

The Best Leaders . . .

1. Have a vision of an ideal future.

2. Exhibit a <u>passion</u> for achieving that vision.

3. Inspire <u>others</u> in pursuit of the shared vision.

Are willing to <u>challenge</u> the status quo.

The Best Leaders . . .

- 5. Have an enduring hunger for learning.
- Display <u>integrity</u> in relationships with others.
- 7. Enable others' *success*.
- Engage in critical <u>reflection</u> and demonstrate a high level of self-<u>awareness</u>.
- 9. <u>Communicate</u> effectively.

Adriatic Sunset - Rovinj, Croatia

Success is not final. Failure is not fatal. It is the courage to continue that makes the difference.

Winston Churchill

Leading in <u>Permanent</u> Whitewater

 Leading an age of permanent enables you and others to walk steady on uneven ground.

 Effective leaders approach uncertainty by first leading themselves . . . pursuing their passion . . . And then guiding others through the wild rapids!

Sense-Maker — Helping others find meaning.

- Involving others in creating shared meaning
- Helping to sort out an holistic truth from the "noise"
- Telling stories that represent healthy responses to our challenges
- Leveraging insight and intuition to enable others to see more clearly
- Valuing paradox in discovering meaning
- Actively seeking out information from diverse sources
- Having awareness of and helping self and others move beyond current mental models and stereotypes.

- <u>Visionary</u> Mapping what's possible; finding the deeper purpose and meaning.
 - Establishing a shared vision
 - Inspiring others to excellence
 - Demonstrating passion for a higher purpose
 - Finding common ground
 - Imagining what seems impossible
 - Helping others see the big picture and rise above the daily challenges/setbacks
 - Thinking for the long term
 - Using stories to paint a vivid picture of the future state
 - Embodying the vision in one's thoughts, words, and actions.

- <u>Convener</u> Bringing people together; building community.
 - Focusing people's energy on challenges and opportunities
 - Actively listening
 - Creating an environment of inclusion and openness that honors all voices
 - Exploring differences with curiosity
 - Discovering intersecting interests and finding common ground
 - Building consensus
 - Facilitating free and informed choices by others
 - Helping to create structures that build and sustain community
 - Celebrating successes (no matter how small).

- Capacity <u>Builder</u> Strengthening others; creating ownership; empowering others.
 - Enabling people to find their purpose
 - Developing others' resilience
 - Enabling others to realize and leverage their strengths to achieve their purpose/goals
 - Assisting others in learning from their past
 - Guiding people in linking their personal purpose to meaningful work
 - Facilitating a sense of personal responsibility and ownership ("I am responsible for my own success!")
 - Investing in others' learning/growth
 - Helping people tell their success stories
 - Facilitating personal insight in others through skillful questions.

- A <u>Change</u> Catalyst and Creator Driving change; creating new structures.
 - Being an agent of change and builder of new possibilities
 - Challenging the status quo; slaying the sacred cows
 - Provoking people to action
 - Reducing others' learning anxieties
 - Identifying the possibilities
 - Inviting people to creatively explore the future together
 - Being open to alternative futures
 - Willing to hear dissident voices
 - Creating clear pathways toward the future state
 - Exploring new and innovative ways of working together
 - Helping people learn from setbacks as they construct the new.

- <u>Relationship</u> Builder Forging meaningful, trusting, and enduring relationships.
 - Being authentic
 - Bringing emotional intelligence into every relationship
 - Speaking and acting with integrity
 - Being situationally aware
 - Suspending judgment and testing assumptions
 - Displaying empathy and compassion
 - Enabling others' self-healing through active listening
 - Being aware of and taking responsibility for one's own biases
 - Inquiring into others' reasoning and intentions.

Follow the three "R's"

Respect for self
Respect for others
Responsibility for all your actions

— Dalai Lama

Photograph © 2008, Jeffrey Russell

Integrating Principles

- 1. Be authentic.
- 2. Listen without judgment.
- 3. Appreciate difference and diversity.
- 4. Focus on creating meaning and clarity of purpose
- 5. Build community.
- 6. Dream big.
- 7. Share power (focus on influence, not control)
- 8. Develop people.

Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind.

— Dr. Seuss

The master doesn't talk, he acts. When his work is done, the people say "Amazing! We did it all by ourselves."

> - ao- zu Chinese poet and philosopher

Somebody has to do something . . . and it's just incredibly pathetic that it has to be us.

> - the late Jerry Garcia (of the Grateful Dead)